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## City set to host 2010 Grey Cup

**SPORTS** The 2010 Grey Cup game is coming to Alberta's capital.

The Edmonton Eskimos are expected to reveal the location today during a "major announcement" news conference at Commonwealth Stadium.

Alberta Premier Ed Stelmach, Mayor Stephen Mandel and CFL commissioner Mark Cohon are expected to take part in the announcement.

The last time Edmonton hosted the Grey Cup Game was in 2002 when the Esks dropped a 25-16 defeat to Montreal.

This year's game will be held in Calgary.

METRO EDMONTON

## Weather Riding in a wonderland of snow



Sue Lambert rides her bike up the path from the Kinsmen Park yesterday. Edmonton has been hit with a recent spate of frigid weather accompanied by flurries.

JIMMY LEONG / FOR METRO EDMONTON

## Stabbed man was mistaken for someone else: Girlfriend

**VICTORIA HANDYSIDES**  
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The girlfriend of a man killed over the weekend claims his death was a result of mistaken identity.

"He was walking out, and there was a group of angry people outside waiting for someone else," Amina Khiat said yesterday from her home in Windsor, Ont. "He tried to stop a fight — they thought he was someone else. Apparently, these guys were just furious."

Brendan McNaughton's body was discovered outside the Nu Wave Pub on 182 Street and 89 Avenue early Saturday morning, dead of an apparent stab wound, police said.

Khiat received details of McNaughton's death from his closest friends, she said, though her intuition screamed he was in danger around the time his body was found.

"I knew something happened to him," she said, after he didn't respond to six text messages. "It just wasn't like him — I could feel something was wrong with him."

Khiat, 19, met and fell in love with McNaughton, 21, while on vacation in Edmonton over Christmas. She was planning to return on March 16, before moving to Alberta permanently this summer.

Jayden Jeffery Zylinski, 19, was charged with second-degree murder in connection with the incident.

## Riding the Recession

Looking for ways to save money and ride out the economic storm? Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Your Money

Time is money and the Smart Cookies have advice on where to find financial tips online, pg 8

• Health

Tips on how to eat healthy while cutting down on your grocery bills, pg 12

• Coming up this week  
**Auto — Some of the top-value cars on the market**



# Lucy's famous friend

## Game show host Barker wants move for Edmonton elephant

**JEFF CUMMINGS**  
jeff.cummings@metronews.ca

**A famous former game show host says he's willing to fly to Edmonton to fight its city hall and staff at the Valley Zoo in order to free a sick elephant.**

Bob Barker, best known as the longtime host of The Price Is Right, says Lucy — an Asian elephant at the zoo — must be transferred to a sanctuary in Tennessee as she continues to suffer from arthritis, foot abscesses and respira-

tory problems.

"The sooner (they get her out) the better and I think she's in terrible shape up there," said Barker in a telephone interview with Metro. "I am going to do everything that I am asked to do on this ... and if it requires me to come to Edmonton, I would gladly go to speak out."

Lucy, the 33-year-old elephant, was born and captured in Sri Lanka. She has been living at the zoo for

most of her life.

Staff at the zoo, including operations manager Dean Treichel, said moving Lucy out of the zoo would add more risk to her health.

"If we moved her, there's a very high likelihood that she'll die," Treichel said in an earlier interview with Metro.

But Barker, a longtime animal rights activist, says Edmonton's winter is forcing Lucy to stay indoors alone for six months of the year — something that's

detrimental to her mental health.

"She's so alone and elephants are very social animals," Barker said. "She should live the way mother nature intended."

Barker has urged city council in a letter to transfer the elephant — something that's welcome news to a local animal rights group.

"This raises the profile of this (problem) and our only concern has been for Lucy this whole time," said Tove Reece, of Voice For Animals.



Bob Barker

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**Oilers players use City Centre Airport: Nichols**

High-profile Edmontonians weighed in on the City Centre Airport debate yesterday, by sending a letter to city council, strongly protesting the proposed tear-down of the airport. Members of the Alberta Enterprise group include Oilers executive Cal Nichols, who said team players often use the airport to travel to and from smaller communities. **METRO EDMONTON**

# Local



## Young rockin' at Rexall

Canadian rock icon Neil Young, left, is set to take the Rexall stage April 23. Tickets for the show range from \$55 to \$175 and go on sale Saturday through Ticketmaster. **METRO EDMONTON**

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## RCMP look into suspicious death

**WESTASKIWIN** Mounties in Wetaskiwin are investigating a suspicious death, after a man was found unresponsive outside a rural home yesterday.

Police received a call at 12:40 a.m., with a report a 45-year-old victim was laying dead outside the home on Highway 795 near Highway 13. The death is being treated as suspicious, and may be ruled homicide, pending results of an autopsy set for this week. **METRO EDMONTON**



**Video** Footage from the coast guard's dramatic rescue of a sinking Spanish trawler's crew at [metronews.ca/canada](http://metronews.ca/canada)  
**Blogs** Both sides take lessons from former Native leader David Ahenakew's acquittal of promoting hate at [metronews.ca/canada](http://metronews.ca/canada)  
**Blogs** Love Bytes offers up advice on breaking up  
**Video** Afghans chant "death to Canadians" after blast kills two children at [metronews.ca/canada](http://metronews.ca/canada)

# Hockey Night in Croatia

Donnan School plays host to Eastern European players

**JEFF CUMMINGS**  
jeff.cummings@metronews.ca

**It has been Hockey Night from Croatia every day this week for roughly 30 young players from that country as they experience what life is like in a hockey-crazed city like Edmonton.**

Ten to 12-year-old players with the KHL Mladost hockey club have been lacing up their skates every day to learn about how the game is played in Canada this week, including playing two exhibition tilts with the Donnan School's hockey program yesterday.

"This is a huge experience for the kids and it's an award for them because they want to be good hockey players, but unfortunately the situation is not as nice as it is in Canada," coach Renato Kriksic said.

"We have good talent, but usually if the kids are good when they are 14, they leave the country to play in Russia or Austria."

Dan Auchenberg, a campus director with Donnan



Head coach of team Croatia, Janjatovic Dusko, left, on the bench with his players during the first of two exhibition games at the Donnan arena, yesterday afternoon. This is the second year the Donnan School has hosted a team of 10- to 12-year-olds from Croatia to play hockey.

School, says Grade 6 students with the school's hockey program are also getting a taste of Croatian culture during the visit.

"They are a challenging team and you can see they

definitely have a passion for the game," said Auchenberg about the Croatian players.

"You can tell they really model themselves with players in the NHL."

"It's fun to play with teams of other parts of the world, and I want to see how they can play," said Josh Hayden, an 11-year-old left winger from Donnan School.

## Over 30,000 apply for best job

**VICTORIA HANDYSIDES**  
victoria.handysides@metronews.ca

**CONTEST** Local applicants gunning for the most sought-after job on the planet are patiently playing the waiting game.

Applications for Tourism Queensland's Great Barrier Reef caretaker position officially closed Sunday, leaving Brisbane staff with 34,648 videos to review.

"There are so many applications that came in last-minute — some of them are really good," said local hopeful Linda Hoang.

Last-minute entrants included Metro blogger Stephanie Brown, who revealed her video to the world at the zero hour.

"I almost lost my shot at winning by submitting my video at the last minute because of technical errors, which was terrifying ... it gave me enough time to really immerse myself in every stage of the contest by writing about its progress and scoping out the competition," Brown said.

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Joe Mercredi, an aboriginal advocate, former newspaper publisher, and historian in the Northwest Territories, died over the weekend, CBC.ca reports. He was 71. Often referred to as the "Métis Prince," Mercredi founded the original Northwest Territory Métis Association in 1970. **METRO NEWS SERVICES**

# Canada/World

## News in brief

**COURTS** First Nations leader David Ahenakew, 75, who called Jews a "disease" was found not guilty yesterday of willfully promoting hatred, but the judge said the comments were "revolting, disgusting and untrue."

**LABOUR** The federal government intends to bring in new regulations to punish employers who exploit foreign workers by forcing them to toil in poor working conditions for low pay. The new rules would prevent employers with repeated violations of labour laws from being allowed to bring in foreign workers, Immigration Minister Jason Kenney said.

**INQUIRY** An RCMP officer who had confronted Polish immigrant Robert Dziekanski the night he died after being Tasered by police at Vancouver airport testified yesterday that he feared for his safety, CBC.ca reports.

**METRO NEWS SERVICES**

## PM: Crisis hinges on U.S.

**Prime Minister Stephen Harper, voicing deep concern about the financial system in the United States and other countries, said yesterday he could not see how the current recession can end until they are fixed.**

"We're obviously all hugely worried about the American financial system and about the financial system of some other countries," the Conservative leader said in an interview in New York with Fox News. "Frankly ... until that problem gets fixed, it's hard for me to see how we're going to turn the corner on this recession that we're in now."

He also said Canada did not have the same financial sector problems as in the United States.

"We haven't had to bail



Prime Minister Stephen Harper, left, meets with United Nations Secretary General Ban Ki-moon at the UN Headquarters in New York yesterday.

out any of our financial institutions. We don't have the mortgage problem. Certainly, we have a downturn in our housing sector, but

it's not structural. There will be no government bailout of mortgages in Canada," the prime minister said.

**REUTERS**

## Detainee blasts U.S. over torture

**A British resident held at Guantanamo Bay for more than four years returned to Britain a free man yesterday and accused the U.S. government of inflicting "medieval" torture on him — with British collusion.**

Binyam Mohamed, an Ethiopian citizen with British residence, was returned on a charter flight after the U.S. government

agreed last week to a British request to free him. All charges against him were dropped and he was never tried.

Mohamed, 30, said he was "neither physically nor mentally capable" of facing the media after nearly seven years in captivity, but in a statement he denounced the actions of the U.S. government.

"I have been through an experience that I never thought to encounter in my darkest nightmares,"

the statement read.

"It is difficult for me to believe that I was abducted, hauled from one country to the next, and tortured in medieval ways — all orchestrated by the United States government."

Mohamed began his detention in April 2002 when he was seized at an airport in Pakistan for trying to travel on a friend's passport.

He was held for four months, during which time he said he was tortured and abused by Pakistani intelligence

agents in the presence of British intelligence officers.

In July 2002, he said he was taken to Morocco on a CIA plane and again tortured and abused for 18 months before a transfer to Afghanistan and then finally to Guantanamo Bay in September 2004.

**REUTERS**

## Colombian 'narco-subs' running cocaine to U.S.

**DRUGS** Packed with cocaine and grimly christened "coffins," sleek jungle-built submarines are steaming their way north from Colombia through Pacific waters to deliver tons of illegal drugs headed for the U.S. market.

Skimming just below the water line, with only a glimpse of a glass-enclosed cockpit or metal tubes visible from above, the semi-submersibles are the latest

shipment method used by trafficking cartels to try to elude detection by authorities.

It is estimated that some 60 to 75 of the fibreglass vessels, also known as "narco-subs" and capable of carrying upward of eight tons of cocaine when fully loaded, are built in clandestine jungle shipyards in northwest Colombia every year.

**REUTERS**

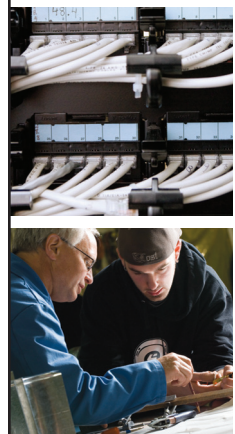
## News in brief

**SUSPECTS** Egyptian police have detained 11 people for questioning about the bomb that killed a French teenager and wounded at least 21 people near a popular tourist bazaar in Cairo on Sunday.

**CHINA** Public servants in the gritty central Chinese city of Zhengzhou should not sport "unnatural hairstyles" or wear

clothes that are too colourful, according to new regulations.

**WASHINGTON** President Barack Obama pledged yesterday to cut the ballooning U.S. budget deficit of \$1.3 trillion US by half in the next four years and said the country would face another economic crisis if it did not address its debt problems soon. **REUTERS**



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# Comment & Views

## Comment

# Media melts over Obama

## National Report

Lawrence Martin



ust being in the presence of Barack Obama elevated the stature of Stephen Harper last week.

It looked as though our prime minister had more purposes in life other than beating political opponents to death. One of his former cabinet ministers, Monte Solberg, has been saying that Mr. Harper needs a vision for the country, something other than damage control. Maybe this president can inspire him to think in loftier terms.

Mr. Harper handled himself impressively in his press conference with the new American megastar.

Little of substance was accomplished at their meeting — unless you wish to count that breathtaking committment to a new clean-energy dialogue. But the media didn't challenge the two leaders to demonstrate concrete signs of progress. All that mattered was atmospherics and, from that point of view, the meeting was a robust success.

Tough questions? Forget about it.

Barack Obama arrived right on the heels of committing another 17,000 troops to Afghanistan. For a president promising a new way, the escalation of a war as the first major foreign policy act was somewhat jarring. Haven't we seen this movie before, someone might have asked him. A president ups the ante, a war drags on, a

president can't recall the troops for fear that he and his country will look weak. The quagmire scenario results.

Afghanistan, if history is any indication, does not submit to foreign occupation. Our own little Canadian experience, Mr. Obama might note, is just another added bit of evidence.

On the business of war, Mr.

Harper escaped any questioning on his apparent reluctance to take issue with Guantanamo, specifically in the case of the Canadian, Omar Khadr. Mr. Obama has moved, thankfully, to shut down Gitmo, that appalling vestige of the Bush administration.

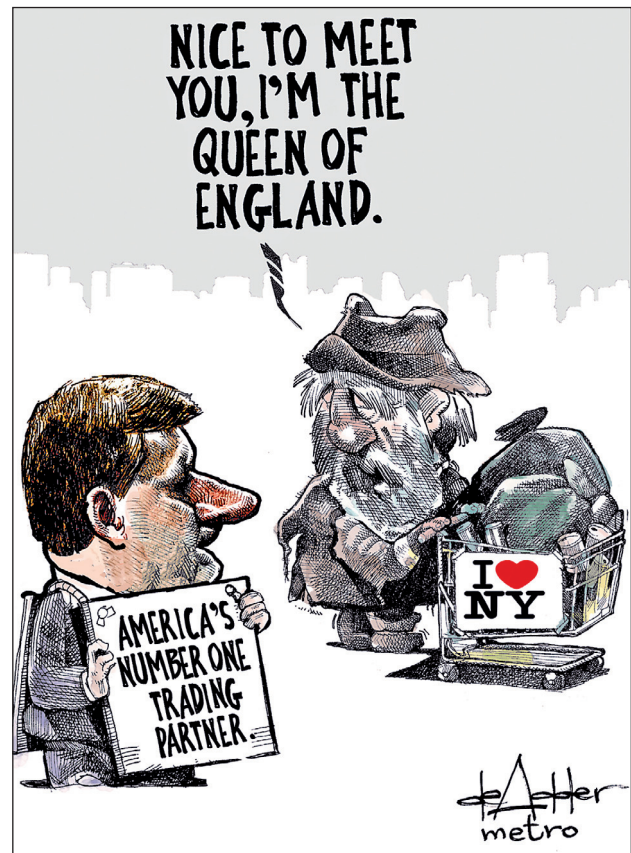
The issue of the NAFTA-gate controversy, the Canadian government's bit of leakage that hurt Mr.

Obama during his primaries' battle with Hillary Clinton, fortunately did not come up. It would have required some fancy footwork on the part of our PM. Nor did many other big differences between the two leaders — such as their positions on the Iraq war — impinge on the most friendly proceedings.

Bilateral relations were fantastic, the president said, not pausing to note that, for the first time in our history, passport requirements and armed men have become staples along the world's longest undefended border.

No one wanted to spoil the fun by pointing this out as well as a lot of other things. What resulted was a good summit, made all the better by media compliance.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



## Metro Online Poll Results

81% SAID YES

Was Hugh Jackman a good choice to host the Oscars?

Weigh in on today's question at metronews.ca

19% SAID NO

## Views

# Let's all give thanks to the hard-up CEOs who forego their stock options



Charles Davies

Veteran Business Writer

One can imagine the heart-rending scenes that have taken place in Canadian bank board meetings of late. CEOs, overcome with

attacks of guilt and propriety, plead with their fellow directors: "Please sirs, cut my pay, slash my bonus, and rip the stock options from my hands. How can I eat cake while my customers starve?"

The directors balk, arguing that the CEO has done an extraordinary job of pi-

loting a complex institution in difficult times. He has earned his fulsome compensation, they say, but then they grudgingly accede to his request. After all, it's optically better to be seen as public-spirited than parasitic — like those shameless U.S. investment bankers who use public

bailout money to refurbish their offices — in a time of economic crisis.

One would like to think bank CEOs, indeed all corporate managements, are awakening to something bigger, however. It's the notion that business shouldn't always be purely about maximizing profit

and shareholder value, or taking home the biggest compensation package, whatever the consequences.

Corporations, like it or not, are part of the social fabric, and they concede as much through their community involvement and philanthropy.

Particularly in hard times, it's fitting that companies temper the desire for growth and profit with concessions to the greater good.

For some companies, that might mean not having as many layoffs as possible; for others, it could be taking a pay cut.

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**Rough ride for economy in 2009: Bank of Canada**

The Bank of Canada said yesterday the economy faces a "difficult" 2009, but repeated that the recovery will be supported by the past depreciation of the dollar and by timely monetary and fiscal policy. Real gross domestic product is expected to drop 1.2 per cent. **REUTERS**

7

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Markets stumble

### Hit by falling oil prices, poor retail sales

#### Another day, another nasty tumble.

After a dismal eight per cent drop last week, investors were looking for any signs of stability in the economy to break the market's fall. Instead, oil prices continued to tumble, talk about U.S. bank bailouts escalated, and a reading on Canadian retail sales showed consumers are keeping their wallets shut.

Investors scrambled for the exits yesterday as fears about the extent of the U.S. economic slowdown dragged the Toronto Stock Exchange to its lowest point of this cycle while the New York Stock Exchange hit 12-year lows.

#### Abu Dhabi state firm bids for Nova

**TAKEOVER** Abu Dhabi state-owned International Petroleum Investment Co. launched a \$500-million US takeover bid for Nova Chemicals Corp. yesterday, a friendly deal to rescue the raw plastics maker from severe financial pressure due to its high debt.

Under the deal, valued at \$2.3 billion, IPIC is offering \$6 a share for all of the outstanding shares of Nova Chemicals.

Nova shares surged \$5.14, or 310 per cent, to \$6.80 in Toronto.

Nova is known for plants that make ethylene, polyethylene, styrene and its derivatives. The global economic downturn has cut demand for such materials.

**REUTERS**

#### "The market really needs something to grab onto to rule out a never-ending recession."

CIBC economist Avery Shenfeld

"The market really needs something to grab onto to rule out a never-ending recession," said Avery Shenfeld, senior economist at CIBC World Markets.

Toronto's S&P/TSX composite index lost 302.32 points to close at 7,647.67 yesterday, marking a third straight day of declines. It blew past the lowest point of this market downturn, which was set last November 20 when it fell to 7,725.76 points.

Meanwhile, New York's

Dow Jones industrials fell 250.89 points to 7,114.78, partly on concerns the U.S. government will move to nationalize parts of the financial sector, such as troubled banks Citigroup and Bank of America.

Canadian retail sales plunged a deeper-than-expected 5.4 per cent in December, taking their steepest monthly slide in more than 15 years, according to Statistics Canada.

**TORSTAR NEWS SERVICE**

#### In brief

**AUTOS** Ford Motor Co. reached a tentative deal with the United Auto Workers that would slash cash payments for its retiree health care. Meanwhile, European governments ruled out rescue plans for General Motors units Opel and Saab.

**FRAUD** Canada's banking and insurance regulator said yesterday it has limited the activity of Stanford International Bank Ltd.'s office in Montreal to help clients trying to recover assets. Allen Stanford was charged by U.S. regulators for running an \$8-billion US fraud. **REUTERS**

### Does Your Portfolio Sing the Blues?

Then you should review your strategy.

For a second look by a seasoned professional, contact:

**JOEL DAVID**, FCSI, LL.B., TEP, INVESTMENT ADVISOR, **CIBC Wood Gundy** at (780) 970-5345 or [joel.david@cibc.ca](mailto:joel.david@cibc.ca) or visit [joelcdavid.com](http://joelcdavid.com).



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## GM on the right track: Clement

**AUTOS** The Canadian arm of General Motors Corp. is on the right track as far as its restructuring plan is concerned, but serious discussions will still be required before the struggling automaker qualifies

for emergency aid, Industry Minister Tony Clement said yesterday.

The Canadian wings of GM and Chrysler presented their proposals last Friday to Ottawa to back requests for repayable loans

to help them survive the steep industry downturn.

Clement also said he was encouraged by the additional "long-term viability plan" forwarded to him by Chrysler Canada over the weekend.

**REUTERS**

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9:00 – 10:00 AM

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TD Waterhouse Discount Brokerage

10:15 – 11:15 AM

Market Update – Hold or Fold?

Presented by:

Mike Hehir,

TD Waterhouse Private Investment Advice

11:30 – 12:30 AM

Getting an Edge through INK Reports

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Henry Chan, CFA

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Online blogs are not only a fantastic resource but they can also fill the role of virtual money group. Knowing where to start when it comes to blogs can be a tad overwhelming, so here are some favourites:

## Getting Started

To get back to the financial basics, check out moolanomy.com. Like many other finance blogs, Moolanomy offers sound advice on topics such as investing, saving, goal setting and real estate. But what we think makes this site unique, is an element called blogroll. Blogroll is a directory of the top person-

al finance and money blogs. Having this resource at your fingertips will save you searching the web trying to find the best of the best. Another feature to check out is the freebie section that allows you free access to online money magazines and books.

## Saving Your Time and Your Dough

These days, time is money. For creative ways to save on both, take a peek at life-hacker.com. This site offers clever solutions for a variety of everyday trials and tribulations, as well as more efficient ways to get things done, so you can work less and enjoy life more. In one post, we learned how to pack an entire vacation's wardrobe in a single carry-on bag, saving money on baggage fees (not to mention the money saved on Tylenol that accompanies lost luggage). In another post, we learned that the real cost difference between making home-

made laundry detergent and buying it in for the grocery store is just pennies — translation: Buy your detergent.

## Money News While You Move

If podcasts are more your style, check out fundadvice.com/sound-investing/. This weekly radio show was just voted "Best Money Podcast" by Money Magazine.

Sound Investing is perfect for the Smart Cookie on the go — you can simply download the latest in money matters straight to your iPod. For the novice investor this might seem like heavy information at first, but stick with it and you're bound to be impressing all with your savvy investment knowledge in no time.

## Fashionista Turned Recessionista

And last but not least, check out Vancouver blogger May Globus. In her blog confessions-of-a-fashion-fanatic.blogspot.com, May offers advice on how to

## Riding the Recession

maintain a sense of style that fits within your newly adjusted spending plan. She highlights great finds from popular fashion houses. At the end of the day, you don't need to spend a ton of money to look polished, professional and stylish. All it takes is a little creativity, some resourcefulness, and someone in your back pocket who is on the pulse of style.

For more money-saving tips, tune into the second season of the Smart Cookies on the W Network — Monday nights at 10:30 p.m. PST/EST. If you have comments or questions, email us at smartcookies@metronews.ca.

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\$1229

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**Survey says...**

According to the second BMO Savings Monitor survey, 25 per cent of respondents will not contribute to their RRSP this year, while one-third plan on cutting back on their contribution. **METRO NEWS SERVICES**

**RRSP Guide**

Know how much money you can contribute, experts say.

## Experts offer last-minute tips for investors

**RAFAEL BRUSILOV**  
for Metro Canada



**The RRSP deadline is fast approaching but you still have time to make a smart decision.**

**Don't fly blind:** Look at your notice of assessment so you know how much contribution room you have so that you don't put in too little (and lose an opportunity) or too much (and suffer penalties).

**Stick to what works:** The last minute is not the right time to try untested strategies or investments.

"It's important not to get swayed off your plan — stick with your original strategy," said Mark Coutts,

a certified financial planner with Sun Life Financial.

**Don't make rash decisions:** Buying the wrong investments just to "get it in" can lead to bad choices. "If you're in a rush, put the

money in, but don't lock it into anything right away. Sit down with your adviser and make the appropriate long-term decision when you have the time," said Scott Ward, financial adviser with Edward Jones.

### Planning key for next year

**RAFAEL BRUSILOV**  
for Metro Canada



Even if you're going to miss the March 2, 10:30 p.m. deadline to contribute to your RRSP, experts say you shouldn't let yourself get discouraged.

Whether because of procrastination, a tough financial situation or another factor, missing the RRSP deadline can feel like a painful setback.

Scott Ward, a financial adviser with Edward Jones, says the most important thing after missing an RRSP contribution deadline is to make sure you don't do it again by analyzing why you weren't able to put away the necessary money.

"Make a budget. Take a real close look at what expenses you've got going out every month and what's preventing you from saving for your retirement," Ward said.

Even making a small adjustment, like eating out less, can have a profound effect on saving you enough money to put towards your RRSP.

Mark Coutts, a certified financial planner with Sun Life Financial, says saving a little money on a monthly basis is a better strategy than trying to dump a large sum of money all at once into your RRSP when the deadline looms. If you dropped the ball this year, plan to make your RRSP contribution a monthly commitment next year — after all, you're in this for the long term.

"If you miss the deadline, you've got the entire year of 2009 to look to the future," Coutts said.

Ward suggests that even if no new money is coming into your RRSP this year, now is a good time to review your portfolio and ensure your money is working for you.

Coutts says that while missing the contribution deadline can hurt, there are investment alternatives like the Tax-Free Savings Account, a Registered Education Savings Plan for your kids, or putting money towards your mortgage.

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Philadelphia Flyers forward Mike Richards, Florida Panthers goaltender Tomas Vokoun and Chicago Blackhawks goaltender Cristobal Huet were named the NHL's Three Stars for the week ending Feb. 22. **METRO NEWS SERVICES**

# Sports

EDITOR: JOHN.CHICK@METRONEWS.CA



## Pistorius recovering

South African double-amputee sprinter Oscar Pistorius is expected to be moved out of intensive care within a few days and may be able to return home as he responds to treatment for an injury sustained in a boating accident over the weekend. Pistorius, nicknamed the Blade Runner, had his legs amputated below the knee when he was 11-months-old because he had no fibulas.

**METRO NEWS SERVICES**

## Lemieux's second wind

PERRY LEFKO  
for Metro Canada



**More than once in his career, Claude Lemieux has proven to be a renaissance man.**

But few could have imagined he'd re-invent himself again as a National Hockey League player at age 43 and having been away from the game for more than five years.

After playing for parts of 20 years in the NHL before retiring after the 2002-03 season with Dallas, Lemieux made his return in January after the San Jose Sharks signed him to a contract. The Sharks had signed him to a minor-league deal in November with their American Hockey League team in Worcester, Mass., following a stint with two teams the Sharks own and operate in Asia.

Lemieux made the comeback feeling he still had something to contribute to the game, and to show a side of him to his two kids from his second marriage who really hadn't seen him play before.

Although Lemieux is playing only a few minutes a game on the Sharks' fourth line, he is enjoying the new lease on his hockey life.

"It reminds me of what it was like when I first started in the NHL," he said.

"You kind of start in the same place. The difference is, I know I can play at this level and be effective, not

just go out and stay on the ice 15 seconds and jump off in fear that something happens. I can really impact and be effective, so that makes me feel really good."

Three times in his career he has scored more goals in the post-season than in the regular season. He is also one of only four players to win the Stanley Cup with three different teams.

In 1995, he was awarded the Conn Smythe Trophy as the Most Valuable Player in the playoffs. He is also known for a controversial hit in the

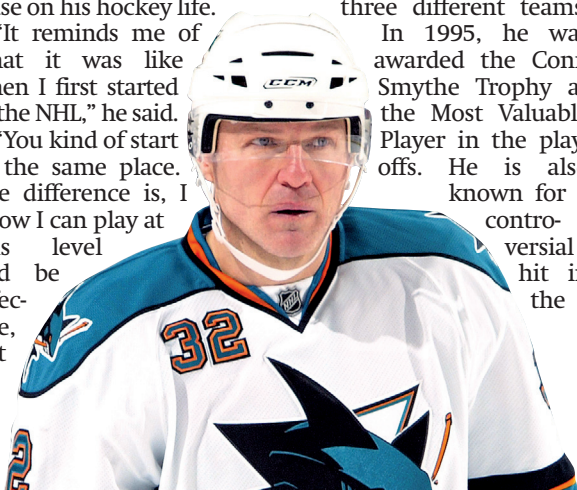
1996 playoffs on Detroit's Kris Draper, who required major surgery after crashing face-first into the boards.

The Red Wings exacted revenge on Lemieux in Detroit in a regular-season game the next season.

When apprised of Lemieux's comeback, Draper told the Detroit News he wished him luck. Draper also said he has put the hit in the past.

Lemieux will face Draper for the first time since his return when the Sharks play in Detroit tomorrow in a game featuring the top two teams in the Western Conference.

"I don't think it would serve a good purpose to try to fuel the fire or stir things up," Lemieux said. "I always said, 'I never hit Kris Draper.' I hit a player that was there. I never went after him."



## Sports in brief

**CFL** The Eskimos will make the official announcement today at Commonwealth Stadium that the 2010 Grey Cup game will be played here. CFL commissioner Mark Cohon, Alberta Premier Ed Stelmach and Mayor

Stephen Mandel will be on hand for the announcement. The event will keep the Grey Cup in Alberta for two years running, with this year's game slated for Calgary.

**METRO NEWS SERVICES**

## Sharks edge Stars

### NHL RESULT

Sharks 1 Stars 0



**Devin Setoguchi scored the game's lone goal and Evgeni Nabokov stopped 29 shots for his fifth shutout of the season, as San Jose clipped Dallas 1-0 at the American Airlines Center last night in Texas.**

Nabokov recorded his 45th career whitewash for the Sharks, who have won four consecutive games and became the first team to reach the 90-point plateau. San Jose improved to 41-8-9 on the season, three points better than idle Boston for best record in the NHL.

Marty Turco made 23 saves in the setback for the Stars, who have dropped two in a row and were shut out for the fifth time this year.

The Sharks snapped the scoreless tie 7:55 into the third period. In full flight down the right wing, Setoguchi accepted a Ryane Clowe pass, rolled to the circle and beat Turco with

a hard wrister.

Dallas' best chance to tie the game came shortly thereafter, with Brad Lukowich in the penalty box for interference.

A left-point shot from a Stars defenceman rang off the post, but the club couldn't control the rebound or mount any other

quality chances on the advantage.

Turco went to the bench for an extra attacker with 1:17 remaining,

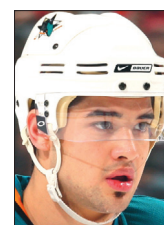
but the Stars didn't get close to Nabokov for an equalizer.

Nabokov was a perfect 19-for-19 through the first 40 minutes, and Turco countered by turning aside all 13 shots he faced.

### Game notes

San Jose has won all four games against Dallas this season and has won five of the last six meetings ... Stars forward Mike Modano missed the game with the flu ... The Sharks continue their four-game road trip in Detroit tomorrow.

**METRO NEWS SERVICES**



Setoguchi

## Renney out, Torts in

**NHL** The New York Rangers fired head coach Tom Renney yesterday and hired former Tampa Bay head coach John Tortorella.

Tortorella won a Stanley Cup with the Lightning in the spring of 2004, but was fired in June of 2008 with one year remaining on his contract. The Rangers, who also dismissed assistant coach Perry Pearn, have lost 10 of their last 12 games, including a 3-2 overtime setback at home against Toronto on Sunday. New York has a

record of 31-23-7 and is currently 10 points behind first-place New Jersey in the Atlantic Division. The Rangers are also sixth in the Eastern Conference playoff race with 69 points, just two ahead of ninth-place Carolina. Renney was the sixth NHL coach fired this season.

The Rangers opened the season with five-straight wins and finished October with a 10-2-1 mark, but have slid considerably since. In the past 12 games the club has scored more than two goals just twice, and the low point came in a 10-2 setback against Dallas on Feb. 6.

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**Stamps add Kashama**

The Calgary Stampeders signed non-import defensive end Alain Kashama to a contract yesterday. **METRO NEWS SERVICES**

# Wells out four weeks

**Vernon Wells reported to Jays spring training last week looking to all like he was in great shape.**

He cut the usual figure of a star athlete, and it was augmented by a new twist in his approach for the upcoming season — the hiring of a personal trainer who will work with him on a daily basis all season long.

All that — and his status for not only the opening of the Grapefruit League tomorrow, but potentially for opening day — was thrown into uncertainty yesterday when the Jays revealed their centre-fielder suffered a recurrence of the hamstring injury that plagued him last season.

“He tweaked his hamstring again; he’ll have an MRI and we’ll know more (today),” Jays manager Cito Gaston said.

Wells won’t be in centre tomorrow when

the Jays open their Grapefruit League schedule at home against the Yankees. The question becomes how much time will he miss, and it’s all but a certainty the club will take a very cautious, long-term approach with Wells.

“It is,” Gaston said when asked if Wells’s latest bout with hamstring trouble is a concern.

“I think the only good thing, and there’s nothing good about this, but at least it’s happened now. He has a chance to start the season.”

Jays GM JP Ricciardi estimated Wells’s recovery time to be as

long as four weeks.

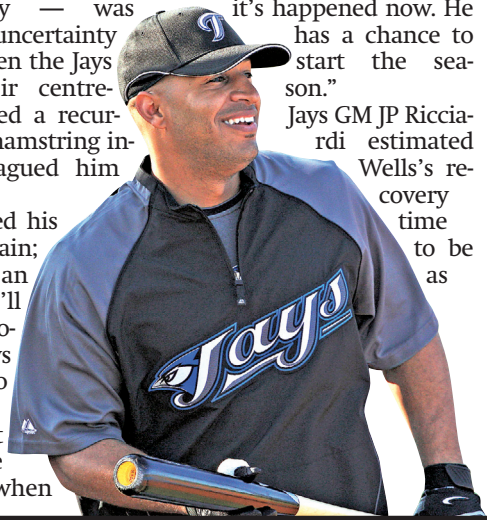
Wells will be treated over the next few days, unless the MRI shows a much more serious condition that would require surgery — but there was no indication of that yesterday.

From there he will be evaluated and re-evaluated, but all the medical opinion that’s available to the club won’t change the fact that Wells simply needs rest to heal an injury that hampered his performance over the past season.

Wells twice went on the disabled list in 2008 — once for a broken wrist and the second for a hamstring pull — and went on to miss 52 games collectively.

Wells revealed last week that he would miss the upcoming World Baseball Classic for the U.S. next month because his time on the disabled list last season makes it difficult for him to obtain enough insurance, based on the value of his seven-year, \$126-million contract.

TORSTAR NEWS SERVICE



## NBA Raptors reading day



Toronto Raptors Chris Bosh (right) and Anthony Parker answer questions after reading the story *Elijah of Buxton* to students from a Toronto school yesterday.

### Sports in brief

**NEWS** NBA Hall of Famer Charles Barkley was reportedly sentenced to 10 days in jail yesterday after he pleaded guilty to a misdemeanor charge stemming from his DUI arrest on Dec. 31. According to the Arizona Republic, Barkley will have five days of his jail sentence suspended if he completes alcohol treatment.

**CFL** The Toronto Argonauts re-

signed linebacker Willie Pile yesterday. Terms of the deal were not disclosed.

**NFL** In a stunning move, future Hall of Fame wide receiver Marvin Harrison has reportedly asked for his release from the Indianapolis Colts. A report on NFL.com said that after Harrison and the Colts failed to agree on a restructured contract, the eight-time Pro

Bowler asked for his release from the only team he has ever played for. His release would end one of the most successful quarterback-wide receiver tandems in league history. Harrison and Colts quarterback Peyton Manning have earned records for most completions (971), yards (13,090) and touchdowns (110) since the two began playing together in 1998.

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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Healthy food prices rising, report says

Tips on how to eat nutritious meals while on a budget

There are "startling discrepancies" in the cost of basic, healthy food at grocery stores across Canada, according to a report released by the Heart and Stroke Foundation this month.

Some Canadians, depending on where they live, are paying between two and six times more money for the same grocery cart of healthy foods, the report found.

The cost of a package of whole-wheat pasta ranged from \$2 in Barrie, Ont., to \$11.37 in Dawson, Yukon.

To collect data for the report, the foundation recruited volunteer shoppers in 66 different communi-

### Riding the Recession

ties.

The discrepancies in the cost of healthy food across Canada and across provinces is startling, said Stephen Samis, director of health policy at the Heart and Stroke Foundation.

"Access to basic healthy food should be a right, not a privilege," Samis said. "Yet many Canadians have trouble affording, or even finding, healthy food where they shop. This is a problem that may get worse given the downturn

in the current economy."

A healthy diet is a key factor in preventing heart disease — the number one killer of men and women in Canada. Studies have shown that eating a diet rich in fruits, vegetables and whole grains can reduce the risk of heart disease by 30 per cent.

For Canadians looking for more ways to cut back on spending but not nutrition, registered dietitian Amanda Schwartz offers these tips:

- **COOK SEASONALLY** Fruits and vegetables that are in season are cheaper than off-season fare. In the winter season try buying cabbage, carrots, garlic, kale,

leeks, onions, parsnips, apples, kiwi, bananas and oranges.

- **PURCHASE FOODS THAT PROVIDE MORE BANG FOR YOUR BUCK** Examples of fruits and vegetables that provide a high nutrient to price ratio include cabbage, carrots, oranges, bananas, frozen and canned fruits and vegetables.

- **HAVE BREAKFAST FOR SUPER** Eggs are a great, less expensive source of protein that can be eaten at any meal. Try making an omelette with a plethora of colourful vegetables and include whole grain toast or a sweet potato for a well balanced and filling dinner.

- **DO THE PREP WORK** Bagged salad mixes and pre-chopped produce may save time but that extra convenience will cost you.

- **MAKE YOUR OWN SNACKS** Popcorn is one of the most commonly recommended snacks by dietitians and is a snap to make. Buy an air-popper and make your own air-popped pop corn for a great low calorie snack. Also, try making your own trail mixes by getting wal-



When grocery shopping, look for foods that provide more bang for your buck like products that are high in nutrients.

nuts and almonds and other nuts from the bulk bins and include dried fruits and pretzels.

- **SHOP WITH A BUDDY** If you live alone try buying

bulk-sized items and splitting them with a friend(s).

- **USE COUPONS** Check out weekly fliers for great savings.

METRO NEWS SERVICE

### Health in brief

**TANNING** People who suffer from winter depression known as "seasonal affective disorder" or SAD — or the less severe but more common "winter blues" — shouldn't seek relief in a tanning bed or booth, a leading

expert on light therapy warns. SAD is often treated with daily sessions of exposure to bright light.

While some isolated reports have linked tanning to improvements in mood, Dr.

Michael Terman told Reuters Health, the fact is that real light therapy works through the eyes, not the skin, and uses a completely different type of light.

REUTERS



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The return of Twilight

A reported release date for Eclipse, the third film in the Twilight saga, has been revealed. A source at Summit Entertainment tells MTV that Eclipse will arrive in theaters on June 30, 2010. New Moon rises in theaters on Nov. 20 of this year. [MSN.COM](#)

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



## Taking it off

Although Oscar-winner Kate Winslet has vowed to stop taking her clothes off in movies, Hugh Hefner is holding out hope she'll grace the pages of Playboy, according to Digital Spy.

METRO NEWS SERVICES

# Global Troubadour

International spotlight shines on hip-hop artist K'naan

**BRYAN BORZYKOWSKI**  
for Metro Canada

**To many hip-hop loving Canadians, Toronto rapper K'naan is already a household name. His brilliant 2006 debut The Dusty Foot Philosopher put the Somalia-born musician on the map and his star continues to rise. But south of the border, the buzz is just beginning.**

"I played a sold-out show in L.A. recently and Matthew McConaughey and Tom Morello were there," he said excitedly from a tour stop in Oakland. "I hung out backstage with Wood Harris from Wire! I don't even know how these celebri-

ties are hearing my music."

It's safe to assume that the Hollywood crowd heard about Kanaa Warsame from the countless profiles in places like Wired, Rolling Stone and the L.A. Times, but there's also a good chance they got their hands on a copy of the artist's stunning sophomore effort, Troubadour.

Recorded in Bob Marley's Jamaican studio, the disc expands on the socially conscious sound that's turned thousands of listeners onto K'naan. He once again mines his life — from war-torn Somalia to Toronto — for material, while pushing his musical boundaries even further.

Besides rap, he tackles rock and reggae, even en-

### K'naan in concert

- K'naan will be in Edmonton for a concert at The Pawn Shop on March 14. His latest album, Troubadour, was released this week.

listing Metallica's Kirk Hammett on If Rap Gets Jealous for a guitar solo. "He did like seventeen guitar solos that we had to sift through and they were all great."

The diverse musical direction is definitely one of K'naan's selling points, but his passionate, and sometimes hard-to-stomach, lyrics are what really drives his music. One especially gripping track is Fatima,

about the death of a girl K'naan knew in his hometown.

"She was the most beautiful girl in my neighbourhood," he said. "Her young life was taken (during the war) and that's never going to leave you. I had to have some space from it for years before I could do anything about that experience, but I thought it was a gift for people to hear that song about her."

It's stories like these that explains why the international spotlight is shining bright on K'naan. But for many, rap revolves around the hardships in African-American ghettos, not war-ravaged Africa. So how does the Dusty Foot Philosopher expect his version of street



Somali-born, Toronto-raised hip-hop artist K'naan recorded his sophomore album at Bob Marley's studio in Jamaica.

life to be taken?

"I don't expect people to understand this," he said. "But there's a difference between feeling and understanding it. Music is so universal that the North Americans will feel the circumstances and get it in that way, even if they don't really understand where it's coming from."

**GlobalStyle**

**Kenya Hunt**

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It through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/24/09	2	CFRN	239 318	etalk	Hollywood	Law & Order: SVU		Criminal Minds "Lucky"		Criminal Minds		News (N)
	3	KHQ	- 370	State of the Union "2009" (Live)	Jeopardy! (N)	Wheel-Fortune	The Biggest Loser (N)			News (N)		Be-Millionaire
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Wild Roses (N) (DVS)		CBC News: The National		The Hour
	6	KREM	- 372	State of the Union "2009" (Live)	TBA	NCIS (HDTV) (N)		Two/Half Men	Old Christine	TBA		
	7	CKEM	241 347	Law & Order: SVU	Friends	Friends	Privileged (N)	Curb-Enthsm	Curb-Enthsm	Your City		
	8	CITV	240 339	ET Canada	Entertainment	90210 (HDTV)	NCIS (HDTV) (N)	Project Runway Canada		News Hour		
	11	OMNI	- -	Two/Half Men	The Simpsons	News	News	The Simpsons	King	Metropia		
	12	CBXFT	119 705	Virginie (SC)	La Factice	Providence (HDTV) (SC)	Roxy (SC)	Grosse vie	Le Téléjournal et Les Nou	TJ Alberta		
	13	KXLY	- 371	State of the Union "2009" (Live)	Entertainment	Homeland Security USA		Supernanny		Primetime: You		
	16	KAYU	- 373	State of the Union "2009" (Live)	Two/Half Men	Bones (HDTV PA)		To Be Announced		News (N)		
	19	CHTV	- -	The Insider (N)	E! News	Ruby	Kimora: Fab	The Biggest Loser (N)	Ruby	News (N)		
	22	KSPS	- 374	NewsHour With Jim Lehrer	Nova (HDTV) (N)	DVS	Wild! (DVS)	Frontline (DVS)		Independent		
	24	WTVS	- 364	State of the Union "2009" (Live)	American Future: A History	Summer Wine		Tavis Smiley	Charlie Rose (N)			
	15	CBCN	502 -	CBC News: The National	Seeking Refuge (N)		CBC News: The National	CBC News: The National		Seeking		
news	21	TWN	505 398	(5) EarthWatch One	EarthWatch One		EarthWatch Two					
	27	CNN	500 500	State of the Union (Live)	Anderson Cooper 360 (HDTV)			Larry King Live (Live)		State of Union		
	54	CTVN	501 391	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet		
	70	BNN	504 508	Squeeze Play	Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play	
sports	20	TSN	400 400	Basketball	Curling 2009 Scotties Tournament of Hearts -- Draw 11. (HDTV) From Victoria, B.C. (Live)					SportsCentre	In This Corner	
	23	net	408 411	NHL Hockey Tampa Bay Lightning at Edmonton Oilers. (HDTV) (Live)				Sportsnet Con.	Sportsnet Connected	Oilers in Hour		
	47	SPEED	417 406	Super Bikes!	Super Bikes!	Hot Import	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!
	94	SCORE	410 403	(5:30) Court Surfing	Score Tonight			Hardcore Hockey Talk		Poker 888.com UK Open.	Final Score	
family	9	EDACC	267 351	Truth, Duty, Valour	Smallville		Cold Case		Law & Order: Criminal Intent	Truth, Duty		
	14	YTV	552 543	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Falcon Beach	
	17	TREE	553 546	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
cable variety	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	The Suite Life	Latest Buzz	Wizards-Place	Life Derek	Ned's School	
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Les Gags	Star Académie:	La Fièvre de la danse (SC)	La Promesse (HDTV) (N) (SC)	TVA 22 heures		
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith	Three Wishes	Home Improve.	Home Improve.	Reba	
	25	A&E	615 520	The First 48 (HDTV)	Manhunters	Manhunters	Manhunters	Manhunters	The First 48 (HDTV)	The First 48		
	26	MMM	571 581	Gene Simmons	Gene Simmons	Gene Simmons	Gene Simmons	Listed	Party of Five	Gene Simmons		
	29	FOOD	603 561	The F Word	Good Eats	Good Eats	Iron Chef America	Challenge		The F Word		
	31	SHOW	617 522	Wife Swap	The Outer Limits		Mutant X "Lit Fuse"	Testees	Trailer Park	The L Word (N)		
	32	DISC	520 505	Destroyed	Time Warp (N)	Extreme Loggers (N)	Daily Planet	Destroyed	Time Warp	Ext. Loggers		
	33	SLICE	601 562	Rich Bride, Poor Bride	End of Leash	End of Leash	ET Canada	Matchmaker	Trinny and Susannah Undress	Trading Sp		
	34	W	602 567	Style by Jury	Style by Jury	Will & Grace	Friends	How to Look Good Naked	Style by Jury	Style by Jury	Naked	
	35	TLC	521 560	18 Kids-Count	17 Kids-Count	Toddler's Tiaras		17 Kids-Count	17 Kids-Count	17 Kids-Count	Toddler-Tiara	
	36	BRAVO	620 523	Sweet Soul Music		Bryan Ferry	Law & Order	Without a Trace		Full Frontal		
	38	SPIKE	628 584	Ultimate Knockouts	DEA (HDTV) (N)		Real Vice	Real Vice	CSI: NY "Stuck on You"	Disorderly		
	40	HIST	522 506	Ax Men	NCIS "Marine Down"		Re-inventors	Re-inventors	Ax Men	The Worst		
	41	COM	626 547	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	S. Silverman	
	43	SPACE	627 528	Star Trek: Voyager	Destination Truth (N)		Stargate SG-1		Star Trek: Next Gener.	Trek: Voyager		
	44	WPCH	294 650	(6) The Last Castle (2001, Suspense)	Seinfeld	Family Guy	Family Guy	The Last Castle ** (2001, Suspense)		Bounty Hunter		
	46	OLN	411 457	Mantracker	Bounty Hunter	Bounty Hunter	Survivorman	Mantracker		Bounty Hunter		
	48	TROP	619 525	What Happen?	What Happen?	Planet Soap	Big Screen	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	50	STAR	621 527	Living the Life	Off the Leash	The Tonight Show-Jay Leno	TMZ	etalk	The View (HDTV)	Off the Leash		
	52	HGTV	600 564	Sarah's House	Design Inc.	Colin & Justin's Home Heist	Holmes on Homes	George Lopez	Sarah's House	Design Inc.	Pure Design	
	65	TLN	700 800	Fútbol	Raymond	Raymond	George Lopez	George Lopez	Futbol Liga de UEFA			
	92	APTN	269 350	Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out	Mixed Blessing	Caution: Nuts	Rabbit Fall	Moccasin Flats
	93	VISION	261 394	Quantum Leap	I Prophecy	Supernatural	Poltergeist: The Legacy	A Dry White Season (1989, Drama)				
	100	MTV	581 566	From G's to Gents	From G's to Gents		MTV Live	After	The Girls of Hedsor Hall	G's to Gents		
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	102	CPAC	512 396	(6:30) Primetime Politics			Revue	Question Period	Prime.-Politics	Primetime Politics		
	103	VIVA	526 507	Missing	Encounters	In Dreams	Psychic Inv.	Encounters	Judging Amy	Missing		
	106	RDI	126 730	Le Téléjournal (SC)	RDI en direct	Le National	Le National	Le Téléjournal (SC)	Le Journal RDI	Le National	Le Téléjournal	

### critics'corner

**Wild Roses**

Relationships are on the front burner in this new episode, which finds Charlotte falling more deeply into Jude's world, while Will and Lucy's romance heats up. Peter finds inspiration from his hospital roommate, and David finds a possible source of support for his attempt to take over Rivercross in "Sin and Redemption." 9 PM on CBXT



**NCIS**

When an NCIS agent is killed, Gibbs and company venture into the desert in search of a woman who holds the key to finding the killer. Michael Weatherly, David McCallum and Pauley Perrette also star in the new episode "South by Southwest." 9 PM on KREM CITY

**Homeland Security USA**

In this new episode, a Coast Guard agent stops a guy driving a personal watercraft through a manatee zone. In a collision between him and one of the big sea mammals, guess who'd probably win. Elsewhere, the skipper of a package-laden fishing boat runs from officials when the boat hits shore. 9 PM on KXLY





Not every star likes the red carpet. Some like to sneak in the back. "It's so much nicer. No one's screaming," Goldie Hawn said as she arrived at a loading dock behind the Kodak Theatre about 45 minutes before Sunday's Oscar show. **MSN.COM**

## Celebrity Buzz

# Madge flaunts new boyfriend at Oscars

**LOVERS** Madonna was "all over" her new boyfriend Jesus Luz at the Oscars, femalefirst.co.uk reports. The 50-year-old singer went public with the 22-year-old Brazilian model for the first time, flaunting him at a pre-Academy Awards party last night.

A source said: "She was all over him at the Grey Goose pre-Oscars party at Cecconi's in Los Angeles. She was kissing his face off. Then she decided to invite him to join her at the actual bash — their first public outing together."

It was recently revealed

the pop star is desperate to prove she is committed to Luz, following claims the Hung Up singer is only romancing the model to make her estranged husband Guy Ritchie jealous.

A source said: "Madonna and Jesus have spent all week planning their outfits for Oscar night. Madonna is planning on using the Vanity Fair party to introduce Jesus to the world as her new boyfriend."

**METRO NEWS SERVICES**



## Beckhams want to renew vows

**RELATIONSHIP** David and Victoria Beckham are planning to renew their wedding vows, femalefirst.co.uk reports. The soccer star and the former Spice Girl have told friends they want to celebrate their 10th anniversary in July with a lavish commitment ceremony. A source told Britain's Daily Express:

"David has promised Victoria that they will renew their vows at the beginning of July, around their 10th wedding anniversary."

**METRO NEWS SERVICES**



## Woman trouble for Winehouse?

**INCIDENT** Amy Winehouse's rampaging recuperation in the Caribbean continues, and the troubled singer can now reportedly add same-sex home-wrecking to her list of hobbies. According to the Daily Mirror, a woman vacationing at the same St. Lucia resort was shocked to return to her hotel room and find her female partner in bed with the Rehab singer. "It was a horrible thing to have to see — her girlfriend and Amy all over each other like that," a source told the newspaper.

**METRO NEWS SERVICES**



## Awards show like 'date' for Pitt, Jolie

**COUPLE** While Brad Pitt and Angelina Jolie were making a glamorous appearance at the Academy Awards, what were their six children doing at home?

"Throwing spaghetti against the wall," Pitt told People magazine on the red carpet at the Kodak Theatre in Hollywood. Which

was just fine with two of Sunday night's nominees — Pitt as best actor for The Curious Case of Benjamin Button, and Jolie for best actress in Changeling. Neither

picked up an award. "We've been planning on this for months," Pitt joked.

"I like to think of it more as a date," added Jolie.

**METRO NEWS SERVICES**



## Travolta opens charity in memory of dead son

**FOUNDATION** John Travolta has launched a charity in memory of his dead son, femalefirst.co.uk reports.

The Hollywood actor and his wife Kelly Preston — whose 16-year-old son Jett died from a seizure in January — have created the Jett Travolta Foundation to help children with medical and emotional needs.

The 55-year-old star's official website says: "The Foundation shall endeavour to use its resources specifically to assist and provide relief to children with vision, hearing, mobility, communi-

cation, behaviour learning impairments or other special medical, environmental, health or educational needs."

Jett was found lying motionless in a bathtub on Jan. 2 at his family's Bahamas hotel. The teenager had a history of fits and it is believed he experienced a seizure and fell and hit his head. He was found by a caretaker and immediately rushed to a hospital, but was pronounced dead on arrival.

Jett was diagnosed with Kawasaki Disease when he was two. **METRO NEWS SERVICES**



## Anne has a ball at Academy events

**PERFORMANCE** During the Oscar show, Prince Charming — in the guise of host Hugh Jackman — swept Anne Hathaway into his arms. And, afterwards, she went to the ball, people.com reports.

The Academy's Governors Ball, that is, immediately following the Sunday night ceremony in the Kodak Theatre. The evening was so rich that the Rachel Getting Married best actress nominee, 26, told People she had a hard time singling out a favourite moment.

"There's so many," she said before quickly amending her answer to, "I'd have to say being in Hugh Jackman's arms and him carrying me on stage."

Their number, part of a

satirical musical salute to the nominated movies — in this case, Frost/Nixon, with Hathaway as the former president — was rehearsed for "about a week," she said.

"I didn't really have that much input for what went into it. They just said, 'Show us what you got, and we'll work around that.' I'm a theatre-trained actress, so that kicked in for the singing."

"I think I was nervous for that performance and nervous about the nomination that the two just cancelled each other out," she said.

**METRO NEWS SERVICES**



## Nicole's pals welcome baby news

**PREGNANCY** Now that Nicole Richie and boyfriend Joel Madden have announced they are expecting a second child, their friends are brimming with well wishes for the couple, people.com reports.

"I'm so excited for Nicole," Paris Hilton told People at the first annual Leeza Gibbons Night to Make a Difference in Beverly Hills. And Hilton's mom, Kathy, has a hunch that Richie, 27, may be seeing blue this time around. "I think it's going to be a boy," said Kathy. "I'm never wrong."

As for the expectant mom, "she's a cool chick," Chuck actor Zachary Levi, who worked with Richie when she guest-starred on the show, told People at the Fox Searchlight Oscar party. "I think that they'll be a good unit to

hopefully bring up their kids in a way where they are stand-up individuals who lead their generation into being a good one."

Actress — and mother of three — Angie Harmon said Richie's experience as a mom to one-year-old daughter Harlow will make parenting the second time around much easier.

"She knows what she's doing since she already has one," Harmon said at Prince's party for his website LotusFlow3r.com.

Harmon also had a request for the fashion-savvy star: "Start a maternity line."

**METRO NEWS SERVICES**



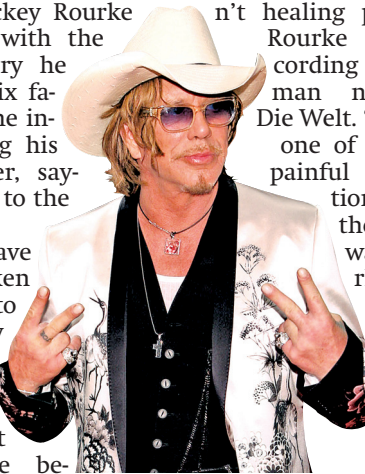
## Rourke dishes on facial fixes

**SURGERY** Best actor Oscar nominee Mickey Rourke isn't happy with the plastic surgery he received to fix facial injuries he incurred during his boxing career, saying he "went to the wrong guy."

"I had to have cartilage taken from my ear to rebuild my nose and a couple of operations to scrape out the cartilage be-

cause the scar tissue wasn't healing properly," Rourke said, according to German newspaper Die Welt. "That was one of the most painful operations, but the worst was hemorrhoids."

**METRO NEWS SERVICES**



## Jackman grilled over gay rumours

**SEXUALITY** In her Oscar special, Barbara Walters grilled Hugh Jackman about persistent rumours that he is gay. Jackman said that when his wife would come see him in The Boy from Oz on Broadway, "She used to go to the bathroom ... and she would hear people going 'I know he's married, but I'm sure he is' ... she would yell out, 'He isn't!'"

**METRO NEWS SERVICES**

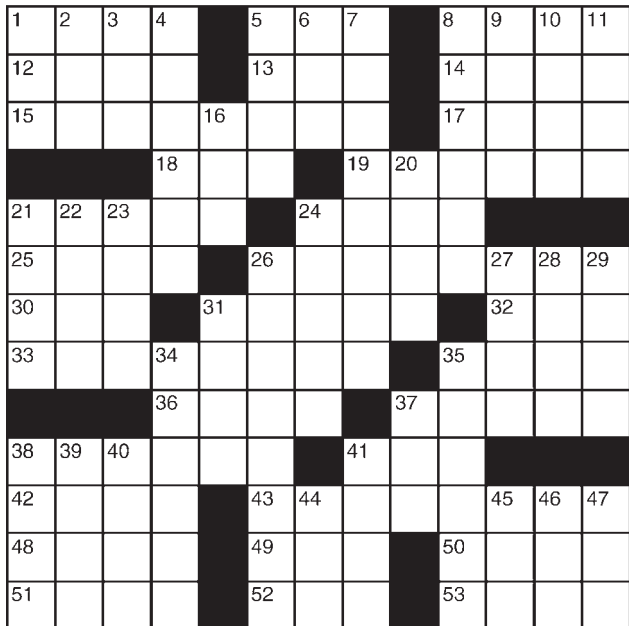






**Michele McDougall, Weather Specialist & Host – Breakfast Television**  
 “My favourite part is reporting the weather. It fascinates me, and as we know around here, it’s always changing, keeping forecasters on their toes.” **WEEKDAYS AT 6 A.M.**

## Take Five



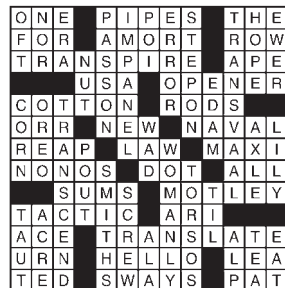
### Crossword across

- |                             |                           |                             |
|-----------------------------|---------------------------|-----------------------------|
| 1 Ms. Moore                 | phony” composer           | great interest in his work? |
| 5 Occupation, for short     | 24 Throat clearer         | 41 Cushion                  |
| 8 Stitches                  | 25 Lotion                 | 42 Picard predecessor       |
| 12 With 13-Across, hematite | 26 TV crime drama         | 43 Max Bialystock, for one  |
| 13 See 12-Across            | 30 Put into words         | 48 Advantage                |
| 14 Met melody               | 31 J.C. Harris’ “Uncle —” | 49 Sailor’s assent          |
| 15 Breadwinner              | 32 “Hail, Caesar!”        | 50 “Arrivederci”            |
| 17 Chain component          | 33 Don King, e.g.         | 51 Crystal gazer            |
| 18 Whatever number          | 35 Faucet problem         | 52 Trawler gear             |
| 19 Vitamin C source         | 36 Sleeping               | 53 Deserve                  |
| 21 “Surprise Sym-           | 37 Daily trio             |                             |
|                             | 38 One taking             |                             |

### Crossword down

- |                       |                       |
|-----------------------|-----------------------|
| 1 Party bowlful       | 26 Mary Martin role   |
| 2 Screw up            | 27 Zhivago’s love     |
| 3 Cattle call?        | 28 Satanic            |
| 4 Encroach upon       | 29 Agents, briefly    |
| 5 Corpse              | 31 Judicial garb      |
| 6 Anger               | 34 IOU                |
| 7 Crucial time        | 35 Figure out         |
| 8 Hero material       | 37 Angry              |
| 9 “— Brockovich”      | 38 Guitars’ kin       |
| 10 Airplane part      | 39 Faction            |
| 11 Benefit            | 40 Incite             |
| 16 Hostel             | 41 Versifier          |
| 20 Umps               | 44 “Catcher in the —” |
| 21 Padlocked fastener | 45 KGB counterpart    |
| 22 Re 10-Down         | 46 Listening device   |
| 23 Vacillate          | 47 Director Howard    |
| 24 Ready for battle   |                       |

### PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:



9	2	4	6	7	3	8	5	1
1	7	3	5	2	8	4	6	9
5	8	6	4	9	1	7	3	2
7	6	5	1	3	9	2	8	4
3	4	2	8	6	7	9	1	5
8	9	1	2	4	5	3	7	6
4	1	7	3	5	2	6	9	8
6	3	8	9	1	4	5	2	7
2	5	9	7	8	6	1	4	3

Find today’s answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....	Smart
Under 13 min .....	21-25 min .....	Not bad
13-17 min .....	25+ min .....	Keep practising

### Metro Recipe of the Day



### Spicy Rice with Chickpeas

#### INGREDIENTS:

- 1 tbsp (15 ml) canola oil
- 1 onion, sliced
- 1/4 cup (50 ml) medium curry paste
- 1 cup (250 ml) basmati rice, rinsed
- 2 cups (500 ml) water
- 1 sweet potato, peeled and chopped into small chunks
- 4 tomatoes, chopped
- 1/4 cup (50 ml) sultana raisins
- 14-oz (398-ml) can chickpeas, drained and rinsed
- 1/4 cup (50 ml) chopped fresh coriander
- 1/3 cup (75 ml) unsalted cashews, roughly chopped

#### METHOD:

- Heat oil in large pot and fry onion over medium heat 8 minutes, stirring until pale golden. Add curry paste and stir-fry about

- 1 minute.
- Stir in rice, then add water, sweet potato, tomatoes and raisins. Bring to boil, then reduce heat to simmer. Cover pan and leave on low heat 20–25 minutes, stirring occasionally, until rice is just tender and water has been absorbed. Add more water if the mixture becomes too dry before the rice is cooked.
- Stir in chickpeas and gently heat through. Stir in coriander, season to taste and scatter with cashews before serving.

**SERVES 4**



## Horoscopes

### AVATAR VENUS

**ARIES**  
**MARCH 21-APRIL 20**  
 Being subtle will get you more information. Something will cause you to feel breathless. A miserable man is strange but he will be effective.



**TAURUS**  
**APRIL 21-MAY 21**  
 A friend is in a difficult situation due to fascination. Concerns about leadership will dominate. You will experience a failure to communicate.



**GEMINI**  
**MAY 22-JUNE 21**  
 You’re forced to discuss a tough issue. The changes due to an unusual event will please you. You’ll be delighted when you achieve recognition.



**CANCER**  
**JUNE 22-JULY 22**  
 You want to be spontaneous but a latecomer gets in the way. You must shake off any masochistic moodiness. Parental interference causes a quarrel.



**LEO**  
**JULY 23-AUG 23**  
 You’re in the mood to clown around. Beware of a vexed person in a secret meeting. You’ll surprise yourself during a presentation.



**VIRGO**  
**AUG 24-SEPT 22**  
 You’ll have a meaningful encounter with a friend. Your loved ones will finally get back to normal. A brash young man really wants your approval.



**LIBRA**  
**SEPT 23-OCT 23**  
 There’s a problem with a romantic encounter. You’ll see that nothing can be done in a battle of wills. A religious remark will cause trouble.



**SCORPIO**  
**OCT 24-NOV 22**  
 Everyone wants you to do the dirty work. A little man will cause delays in reaching your goals. You know more than you think.



**SAGITTARIUS**  
**NOV 23-DEC 21**  
 A whimsical friend overwhelms your senses. A sympathetic response will release you from a burden. A happy moment will be cherished.



**CAPRICORN**  
**DEC 22-JAN 20**  
 There’ll be intriguing phone calls made today. A private weakness will be revealed by a guilty person. Pay attention to someone who has a grievance.



**AQUARIUS**  
**JAN 21-FEB 18**  
 A shrewd guy leaves you to pick up the pieces. Continue a discussion to clear up confusion. A wounded friend wants to re-establish a connection.



**PISCES**  
**FEB 19-MARCH 20**  
 A confrontation has to be acknowledged. Don’t bother questioning the cause of a predicament. Someone’s cheerfulness is an intimidation tactic.



### This day in history

- FEB. 24, 1868: The first parade to have floats is staged at Mardi Gras in New Orleans, La.
- FEB. 24, 1917: World War I: The U.S. ambassador to the United Kingdom is given the Zimmermann Telegram, in which Germany pledges to ensure the return of New Mexico, Texas, and Arizona to Mexico if that country declares war on the United States.
- FEB. 24, 1920: The Nazi Party is founded.
- FEB. 24, 1981: Engagement of The Prince of Wales and Lady Diana Spencer announced.
- FEB. 24, 2008: Fidel Castro retires as the President of Cuba after nearly fifty years.

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